



Vol. 9 / 2018-2019

# Sandesh

Helping children discover the champion within!



EVOLVING  
DEVELOPERS  
*Computer Fest*

INTER SCHOOL  
*Meet*  
**PANCHOTSAV**

BEYOND  
CLASSROOM  
WORKSHOPS

*India in  
Action*

**BUILDING THE NATION**



**“We aim to provide a happy, caring and stimulating environment where children recognize their true strengths and nature, and therefore achieve their full potential in order to make their best contribution to the society.”**

### **Mark of Jiva Students**

- empower themselves by learning to learn
- identify their natures and life paths
- make learning a lifelong habit
- are excellent problem-solvers
- become well-adjusted members of society

### **Mark of Jiva Teachers**

- focus on learning and teaching
- consider each learner as unique
- engender a love of learning among their students
- create an environment that is conducive to learning
- build a sense of discipline in their students



### **Jiva Public School**

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# JPS

**कृष्ण पाल गुर्जर**  
**KRISHAN PAL GURJAR**



**सामाजिक न्याय और अधिकारिता राज्य मंत्री**  
**भारत सरकार**


**MINISTER OF STATE FOR**  
**SOCIAL JUSTICE & EMPOWERMENT**  
**GOVERNMENT OF INDIA**

## शुभकामना संदेश

मुझे यह जानकर अति प्रसन्नता हुई कि जीवा पब्लिक स्कूल रजत जयंति के अवसर पर स्मारिका का प्रकाशन करने जा रहा है। विगत 25 वर्षों में जीवा पब्लिक स्कूल का न केवल शिक्षा के क्षेत्र में स्मरणीय अपितु समाज कल्याणकारी कार्यों में भी अद्भुत योगदान रहा है। दैनिक दिनचर्या, स्वाध्याय, मल्टीपल इंटेलिजेंस व मल्टीपल नेचर के साथ ही पारंपरिक एवं आधुनिक शिक्षा का जो सामंजस्य विधालय में देखने को मिलता है, वह वास्तव में सराहनीय है।

मेरी यह हार्दिक कामना है कि विधालय इसी प्रकार शिक्षा, समाज, एवं प्रत्येक अनिवार्य विषयों पर कार्य करता रहे, साथ ही राष्ट्रहित के इस कल्याणकारी कार्य में अपना सर्वश्रेष्ठ योगदान देते हुए अपने सिद्धान्तों पर अडिग रहे व राष्ट्र का नवनिर्माण करें। मैं इस अवसर पर बच्चों को व अध्यापकों को शुभकामनायें देता हूँ।

जय हिन्द

  
(कृष्णपाल गुर्जर)



**Vipul Goel**
 Industries and Commerce,  
Skill Development and  
Industrial Training and Environment Minister
**विपुल गोयल**
 उद्योग एवं वाणिज्य, कौशल विकास  
एवं औद्योगिक प्रशिक्षण एवं पर्यावरण मंत्री
**MESSAGE**

I am pleased to know that Jiva public school is publishing its annual magazine "**Jiva Sandesh**" which will serve as a platform for portraying the institution as a whole and for showcasing the students innovative and constructive ideas. It gratifies me immensely to know that the school is progressing in all its endeavors towards the overall development and personality of the students.

Jiva public school is the first and only school in Faridabad which is providing excellent academics, character development and quality education based on Indian values. This school strongly believe that **"There is no student who doesn't have any quality"** and try to find out that particular quality of student through its Philosophy of Multiple Nature Intelligence, SOE(Self Others and Enviornment), DKN(Din Charya Ke Niyam), Swadhyay(Self Reflection) . It also gratifies me immensely to know that there is no bell in this school and student are coming to school wearing helmets on their bicycles. Indeed this types of efforts of school will make a difference in the life of students.

The school is different from other schools because it has different aims and objectives. I would therefore take this opportunity to urge the students and staff of this school to work hard and be dedicated to the goals and ideals of the school.

My best wishes to the Principal, the Staff and the Editorial team for successful publication of "**Jiva Sandesh**"

  
(Vipul Goel)



JPS



बेटी बचाओ, बेटी पढ़ाओ

**सीमा त्रिखा**

विधायक  
बड़खल, फरीदाबाद



स्वच्छ भारत स्वस्थ भारत

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क्रमांक.....

दिनांक.....

### Message

My greetings and warm wishes on reaching the landmark celebrations of Silver Jubilee at Jiva Public School this year in educational services and the commemorative issue of magazine Jiva Sandesh. The school has made its mark in bringing forward a new approach to education by ensuring standard and quality. The outstanding contribution for the welfare of society remarkable.

I sincerely wish you to further attain new heights of development in your future endeavours and be the leader of tomorrow.

  
Seema Trikha

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# President's message

**25 glorious years of  
guiding children to  
discover their true  
nature**



On the completion of 25 glorious years of the Jiva Public School, I congratulate everyone on this significant achievement. All our students, parents, teachers and staff have contributed a lot to make this possible.

Everything in nature follows its inherent nature—Prakriti. Birds fly, bees make honey and spiders weave webs without any special training. Human is the only being on earth that sends its children to school and makes efforts to develop their personalities. Today, education has unfortunately become limited to academic excellence alone, and while educators focus on that, children never get the opportunity to explore their true natures. As a result, children end up choosing professions that do not match their passion, creating stress at work, depression in their lives, and an unhealthy cycle of ill-health.

The education system in India was not always like this. In ancient times, the Gurukul system was very efficient in identifying true natures. For example, Guru Dronacharya trained Bheem in wrestling and hand-to-hand combat because it matched his inherent nature. Arjun was trained to be an archer because it suited his Prakriti best. If the roles were reversed, the Pandavas would not have been such remarkable warriors as they were. With the advent of the British, our ancient methodologies of education were replaced to suit the need for officers in the expanding British Raj. And with that the priceless Guru-Shishya Paramapara was lost.

The ancient education system followed in Gurukuls was very practical and focused around the nature of the student. Curriculum was decided based on the child's innate abilities. Also teachers then did not limit the learning experience of children to just a few things. Important lessons on life-skills, social skills, environment and culture. All lessons were taught with the help of practical lessons and activities. Students learned everything from commerce, arts, science, music, culinary skills and even farming. The most important thing about this form of education was that from a prince to a common man's child—every child learned everything. In addition to the course related curriculum, the unique Prakriti of every child was identified and developed.

The role of an educator is to provide an environment which is conducive to learning, and in which the learner can build his own learning through varied experiences. Education must be integrative. It should not be compartmentalized into English, Math, Social Studies, or Sciences—there must be an interdisciplinary approach to learning.

At Jiva Public School, we follow this interdisciplinary approach to learning, where we integrate different subjects to teach about a certain topic. Each student's nature and intelligence type is determined and cultivated in different ways with an ultimate goal of guiding each child to a suitable career.

At this special moment, I thank you all. I am confident that together we will achieve much bigger milestones in the future.

—Rishi Pal Chauhan



# Dr Satyanarayan Das *message*

**A youth has energy with  
which he or she can achieve  
many wonderful things in life.  
The same is true for power  
and wealth.**



**F**irst of all, I congratulate everyone on the 25th anniversary of Jiva Public School. When we started the school, we knew it was an important step that would bring a big change in the society, and it fills me with happiness to know that Jiva Public School has completed 25 years of developing future generations.

There are three types of people in this world. The first class of people are those who can learn from other's experience. This saves lot of time money and trouble. The second class of people don't learn from other's experience. But they learn from their own experience. For this they have to pay heavily.

By the time they have really become learned and wise they may be too old to achieve anything worthwhile in life. The third class of people are those who never learn.

The first form is the best way to learn. Wisdom that comes by learning from the experiences of others is always of high quality and useful.

Jiva Public School was founded to inculcate these values in the students. Our Indian culture is very scientific and beneficial for human life. The purpose of the school is to give some of these values to the students besides teaching them their core subjects. The students should know that the purpose of education is not just getting a job or making money. Its purpose is to make you a good human being so that you can live a peaceful, healthy and happy life.

Whatever you may become in life, you have to live in the society, and as part of a family. So besides academic education you should also learn the skills to deal with society and family members.

Education is the foundation of a better tomorrow, and I thank our teachers and the staff for their priceless efforts. In the days to come, I am confident Jiva Public School will achieve even bigger milestones.

*- Dr SND*

# Director's message

**Besides imparting excellent education, the school has taken a step ahead in developing character, behavior and moral outlook of all its students**



It is a matter of immense joy and pride for all the members of Jiva family as Jiva Public School completes 25 glorious years successfully.

Looking back, at our journey of twenty five years gives me a deep sense of satisfaction, happiness and contentment.

I remember the day, when our reverend Guru Shri Haridas Shastriji Maharaj, who had bestowed his blessings on us and directed us to "Bring the change through education". Guru Ji, a great scholar, had earned nine graduate and three post graduate degrees covering the six schools of Indian philosophy and theology. He was a progressive visionary who had a dream of making society healthy, wealthy and peaceful through education. For this purpose, he chose his most proficient disciple, our President, Shri Rishi Pal Chauhan Ji.

So, then started the dream called Jiva Public School. The founder was very clear that the pillars of strength will be skill-based and value-based education. What followed was a story of service before self.

Today the dream has changed into reality. Today every Jivite displays skills par excellence, be it critical thinking, speaking, writing, listening and above all life skills. Values have never been compromised whether a Jivite is a kindergarten or a senior secondary student.

The achievements in these years have made Jiva establish a niche for itself. Besides imparting excellent ICSE education, the school has lead in developing character, behaviour and outlook of all its students. The moral pillars of Dincharya Ke Niyam (DKN), Self, Others and Environment (SOE) and Swadhyay have positioned Jiva Public School at the pinnacle of education. This approach towards holistic development has made our alumni responsible and successful citizens.

The school has always aimed at guiding each student, channelizing their energy by identifying and nurturing their true nature, skill, potential and capabilities. It is a unique school where no bell rings signaling the change of class, assembly, breaks, still everything is carried out quite on time in a natural and disciplined way.

The Annual school magazine 'Jiva Sandesh' is quite unique in itself that integrates diversified pedagogical approach in sections i.e. 'Dharma', 'Artha', 'Kama' and 'Moksha'. It is my earnest desire that this odyssey should go on with even more dedication and devotion.

Once again, I wholeheartedly thank everyone who has made this remarkable milestone possible and I extend my gratitude to all the students, teachers and staff of Jiva Public School for their support and invaluable contributions. We will continue to work hard to bring change through education and build a healthy, wealthy and peaceful society.

*- Mrs. Chander Lata Chauhan*





# Dr Partap Chauhan *message*

**Congratulations on  
25 years of exceptional  
education**



**S** *wasthyadaan* and *Vidyadaan* are two priceless gifts that a person can give, and I am happy to say that Jiva has been blessed with the power to do both through Jiva Ayurveda and Jiva Public School. On the completion of 25 years of the Jiva Public School, I congratulate all the students, parents, teachers and other school staff who have contributed towards reaching this special milestone.

As many of you probably know, two years ago, Jiva Ayurveda also completed 25 glorious years of service. Both of these are significant achievements in our journey which began in 1992. We have a simple mission—to make every individual healthy, happy, peaceful and successful. Ayurveda keeps a person healthy, but without knowledge the patient cannot maintain his or her health. It is similar to cleaning a child and letting it play in the dust. It will become dirty again because it has no knowledge of how to stay clean.

Knowledge can come only with good education. But education in itself is useless if it is not practised. If students just memorize their lessons and don't practise it, they will eventually forget it. The education system at Jiva Public School is unique because students learn with the help of many principles such as SOE, Swadhyaya and Jivakul. *Dinacharya-Ke-Niyam* is one of such principles that teaches students the correct ways to conduct oneself throughout the day according to the everyday principles of Ayurveda.

Among these steps are guidelines on making healthy diet and lifestyle choices that prevent many diseases people suffer in the modern age. This is a very effective way of teaching young minds. Students at Jiva learn different concepts through such practical classes which ingrain the beautiful concepts they read in books.

**And because of this special approach to education, there are many schools, but there is only one Jiva Public School!**

Once again, I congratulate everybody, and wish you all the very best for achieving even greater heights in the future.

*– Dr Partap Chauhan*

# Administrator's message

**I am privileged to announce that this year has been remarkable in manifold ways. The Silver Jubilee of our school marked the celebration of various Awards and Achievements.**



I feel delighted to reminiscence our past journey of scaling the heights and reaching the status that we envision today. I feel pleasure to say that this year we have completed a successful journey of 25 glorious years, with many feathers to our credit making history.

I am privileged to announce that this year has been remarkable in manifold ways. On 6th February, we celebrated the Silver Jubilee of our school that was marked with various Awards and Achievements. The school was conferred with the Best ICSE School Award by AVP media. For two consecutive years the school bagged National school of Excellence Award commemorated by Brainfeed [STEM].

The unprecedented dedication of our chairman Shri Rishi Pal Chauhan was bestowed with National Education Excellence Award on 27th February, 2019 by National Education Excellence & Human Resource Development. He was also honoured with Rashtriya Shiksha Ratan Award by Global Achievers Foundation and Sahitya Gaurav Award by Sant Literary Academy.

There was Jubilation when the Council declared the ISC/ ICSE result on 7th May with the students graph reaching as high as to 94% and 96.3% in aggregate in Science Stream and many scoring above 90s across the subjects. Jiva was honoured for outstanding contribution for Road Safety Program by Police Commissionerate Faridabad. Under the canopy of India in Action Program the students learn to render community service like Plantation Drive, Bird Feed, Blood Donation, Cleanliness Campaigns, visit to old age homes etc. In the sports sphere the students have marked a strong foothold. Both boys and girls have contested for various sports at District, State and National level. Gargi Bhatia, a class III student was honoured with a Gold Medal in Kick Boxing at National Level which was organised by Wako India Kick Boxing Federation. Aarti Chandila and Anmol bagged a Silver Medal at Haryana School State karate Championship. Kartik and Kushagra were awarded a Bronze in Roll Ball state championship.

In tandem to all this, the school facilitates the staff to keep themselves abreast with the latest pedagogy and technology through workshops and training sessions.

Since the inception of the school, our ethos has always been meeting the needs of individuals to acquire skills and knowledge. I would like to close with a word of gratitude towards all those who have partnered in our educational journey, as my belief continues to focus on the journey and not the destination.

*- Mrs. Mukta Sachdeva*

# ॥ धर्म ॥

*Life without Dharma is similar to life without oxygen. Dharma is the soul of an individual. If everyone complies with the teachings of Dharma, nature will become favorable to human happiness.*

It is said that Dharma is that which is inseparable from the self and likened it to the warmth of a fire which is inseparable from the fire itself. Life without Dharma is similar to life without oxygen. Dharma is the soul of an individual. If everyone complies with the teachings of Dharma, nature will become favorable to human happiness.

Our School is one such school, which apart from beginning a revolution in the field of education, has also been spinning to inculcate the 'real dharma' philosophy in children. We are taught not to let our state of mind be governed by the situation we face. We are taught how one should listen to one's intellect.

We know the importance of following dharma and that's why our school, unlike other schools has introduced the three moral pillars (SOE, DKN and Swadhyay) which aid us to move on a righteous path. Every human commits mistake but the important thing is what we learn from those mistakes and that's what Jiva teaches us through its platform of self-introspection or Swadhyay. Jiva shapes every individual in such a manner that he not only works on self development but also takes pride in thinking and working to bring a positive change in others and around himself.

These philosophies of Jiva have given me a particular angle of vision, a sense of perspective and proportion in which the physical, spiritual, perishable and the permanent interests and values of life are clearly defined and differentiated. Jiva knows that the function of education is to create human beings who are integrated. Therefore the school disciplines and gets them ready to serve the society and that's why it aids in the fulfillment of these moral values, and not just in the attainment of mere objective of gaining knowledge. My school has taught me my 'Dharma' of not just being an able scholar but also a responsible and spiritual human being who in turn contributes to the society to make one's life sublime.

- Dhanistha Verma / Class X B





# Morning Assembly



**A**ssemblies at Jiva are quite different as they cover a wide range of topics such as Self-Awareness, Value System, Environmental issues with solutions, Discipline, Time Management, Learning Techniques and so on. Presentation on such varied topics is an extension of pragmatic and realistic education that aims at building scholars adept at various life skills.

Student's morning assembly starts with a beautiful heart-felt spiritual prayer offered in Sanskrit to God, seeking the blessings of God. Every 'Shloka' of our prayer has a beautiful meaning which relates us to God and makes us feel His divine presence and power. These shlokas provide students with an opportunity to get centered, and to remind themselves the higher purpose of life.

Morning Assemblies at Jiva are a platform for all the students right from Kindergarten to class XII to connect with each other and begin the day on a note of unity and positivity.

Every day, students from different classes and Houses conduct the morning assembly. At the start of each day students are reminded of their moral values, such as time management, honesty, punctuality and so on.

Assemblies at Jiva are quite different as they cover a wide range of topics such as Self-Awareness, Value System, Environmental issues with solutions, Discipline, Time Management, Learning Techniques and so on. Presentation on such varied topics is an extension of pragmatic and realistic education that aims at building scholars adept at various life skills. Besides it, general awareness programmes including quiz, news and current affairs enhance the world view of the students. Assemblies are a platform to hone the skills of speaking, listening and thinking.

Appreciation of the best assembly presentation on the parameters of content, visual, confidence and delivery further boosts up the enthusiasm of students. Moreover, our assemblies manifest Project Based Learning (PBL) which gives an experiential approach to classroom learning. Assemblies on special topics such as Disaster Management, colourful festivals, Earth Day etc. add vibrance to the assemblies.





- In 2008, Jiva received FCCI Excellence Award.
- In 2008-09, Multiple Nature Program was launched by Jiva.
- In 2010-11, Jiva started Cultural Exchange Program. Under this program, our student Khushboo Arora visited Japan. In the next year 2011-12, another student Sameer Chandila visited Japan. Cultural Exchange with Zurich took place in 2012-13. during the same Ms. Delphine visited Jiva. In 2016-17, Cultural Exchange programme with the Ramaz, New York took place.
- In the year 2013-14, Jivite, Kunal Kalsi and in 2016-17 Jivite, Himanshu Sharma won Gold Medal in Archery at National Level.
- In the year, 2014-15, Jiva became educational partner with Tata Edge.
- In 2015-16, Jiva Chairman, Sh. Rishipal Chauhan introduced a community service program "India in Action".
- In the same year, Jiva Public was selected by the Haryana government for the performance in International Surajkund Crafts Mela and 2019 is the 4th consecutive year of performance.
- Jiva Public School collaborated with Rotary Interact Club and is doing many social projects since then.
- In 2016-17, International Women's Day was facilitated and 1st National Ayurveda Day was also celebrated at Jiva with great pomp and show.
- In the same year, Jivites were invited on Doordarshan Talk Show "Meri Baat" and in 2018-19, Jiva also participated in a Talk Show with the Prime Minister on Swachh Bharat Abhiyan organized by Danik Jagran at Noida.
- Best ICSE School Award by AVP Media

#### In recent years, our school has bagged the following awards and recognitions:

- National School Excellence Awards for Community Collaboration
- STEM Education and Innovation by Brain-feed Awards.
- Award for Outstanding Contribution in successfully organizing Road Safety Program by Police Commissionerate
- Road Safety Award at National Level.
- Nominated for "National Education Excellence Award".
- Quality Brands India Schools Award 2018-19
- "School Excellence Award 2018-19" by Brain-feed.
- Jiva Chairman honored by Governor of Haryana Prof. Kaptan Singh Solanki for his social welfare undertakings
- Rashtriya Shiksha Rattan Award by Global Achievers Foundation
- Sahitya Gaura Gaurav Award by the Sant Literary Academy
- Rajkul Sanskrit Sanstha for social welfare undertakings.
- Jiva Principal honored with an award for successful organization of Road Safety Quiz
- Jiva Principal honored by Danik Jagran and Echelon Institute for Excellence in Education
- Award for Contribution in Road Safety Program by Police Commissionerate
- In the same year, (Zonal Interact Representative) ZIR Himanshu Mittal was awarded as Best Interact.
- Jiva also collaborated with Path Finder Global School, Patuadi. It became the Second Ayur School and the list goes on...

We at Jiva will continue our unceasing efforts to mould the young minds into well balanced personalities with confidence and zeal befitting the standards of this portal of education.



# Youth Parliament

**We at Jiva Public School believe in the holistic development of our students. Hence, our curriculum is designed as such, where academics is accompanied by real life stimulation activities.**



Our school conducted Youth parliament with the objective to teach children democracy, equip them with debating skills, stimulate them to present their own thoughts and listen to those of others. These kinds of parliamentary sessions are important to channelize the energy of young students towards creativity.

Youth Parliament is not a place where children simply imitate adult roles. It is rather a tool for high school students to exercise their rights, voice their opinions and improve their situation both in school and in the society. These days children are aware of the various career options present to them but very few want to choose politics as their career. Youth Parliament gives them the necessary exposure to politics and the job role of politicians seriously. Apart from this, it equips them with the necessary analytical, leadership and problem solving skills to ask the right questions and provide necessary solutions. It is a platform where the students learn to advocate an idea and make it a reality. It is a futuristic concept which could be quite crucial to transformation and challenge the conventional perspective of politics in our country.





# Panchotsav

## Second Gala Inter-School Anniversary Felicitation

On 22nd November, the school organized its second successful Inter-school Competition Panchotsav, wherein 18 schools of the District with a total of 210 contestants had enthusiastically participated. Panchotsav comprises five different themes, namely India in Action, Science Seminar, Business Quiz, Languages Hindi (Navras)/English[Extempore] and two Tech Competitions in Computer. Panchotsav provided a platform to young ignited minds to explore their potential, and encourage them to have passion for learning, for a holistic development and to blaze a trail by virtue of their hardwork and resolute focus to prove their mettle.

The Programme concluded with the address of Chairman Shri Rishi Pal Chauhan, who appreciated the hard work of the contestants and stated that such competitions build self-confidence and tenacity of students in the growing world of opportunities.



Chairman delivering the 'Vote of Thanks'



Welcome Ceremony



Welcome Song



# Orientation Programmes

The school organised an Orientation Programme entitled Bhagidari for class I to III pupils and their parents. The chief purpose of this programme was to make the parents aware of their vital role in the holistic development of their wards. The parents ought to know and understand every aspect of their child's nature and acknowledge it for future progress. The programme commenced with the rhythmic beat of the dance on the welcome song.



Students' Orientation Programme



Bhagidari Programme - Welcome by Tiny Tots

# ॥ artha ॥

*Artha is one of the four goals of human life in Indian philosophy. It includes career, skills, health, wealth, prosperity and means of fulfilling life.*



**A**rtha is the pursuit of material wealth which may bring material comfort to a person. People sometimes believe that material wealth is a barrier in the path of morality and spirituality. But this is not true.

To live a virtuous and a prosperous life, the most important things which are needed are discipline, self-confidence and introspection. These three points are the main pillars or philosophies on which Jiva stands. Jiva has come up a long way and it has the potential to bring about a change in the society perhaps in the country too. It has given us three life-changing philosophies i.e. SOE, DKN and Swadhyay. Following these, a person can achieve his goals thereby using his maximum potential and make his dream come true. The 'Swadhyay' i.e. self-analysis is the strongest attribute of the school. It assists a child to introspect rather than become judgmental about others. It helps the child to develop inner positivity replacing the negativities of his inner self. This positivity in return helps the child to succeed in this fast paced world.

'Artha' gives security to a person to lead a life of virtues, happiness and love, provided it is not accompanied with greed. When a person is self-satisfied, he comes forward to help the needy and work for the upliftment of the society and lead a life of 'Dharma' also. We should not forget that this is the time when we are witnessing a great decline in the moral values. The three pillars of Jiva enable us to overcome our vices and cherish our innate abilities.

Not only this, the two more pillars that pave the way for the future careers are MI (Multiple Intelligence) and MN (Multiple Natures). MI and MN help the students to choose the right career paths that they are capable of. Since early years, students in our school are given a lot of exposure to the areas of their interest so that they can recognize and polish their skills and innate abilities. It makes them introspect and help to bring out the best in them. Following these philosophies religiously help the students achieve professional and financial success without making a compromise with their happiness which in turn is the true essence of Artha.

**Abhilasha Niyogi - X B**



# Teachers' Training: Mentoring the Mentors

**Research shows that among school- related factors, teachers play the most critical role in a student's achievement.**

It is generally acknowledged that promoting teacher quality is a key element in improving the quality of education in any country. Thus, teacher development is always seen as something indispensable and continuous.

Keeping the same in mind, our school keeps on organizing various teachers' training workshops not only to enhance the way they teach but also to keep them updated, well aware and progressive. Effective training programmes for teachers help them to keep themselves up to date with the latest methods and classroom processes to be followed besides focusing on the overall development of the personality of the teachers.

School has a unique and extensive Faculty Development Programme to support all teachers throughout the year for making teaching a wonderful, creative and innovative experience. The programme inculcates universal values, global skills and best teaching practices. An extensive research on what all to cover and how to cover as the part of teachers' training leads to multiple workshops and seminars. These ensure that all teachers reach the Mark of Jiva Teachers which is:-

1. **Focus on learning and teaching.**
2. **Consider each learner as unique.**
3. **Instill a love of learning among their students.**
4. **Create environment that is conducive to learning.**
5. **Build a sense of discipline among students.**



## IN HOUSE TRAINING IS DIVIDED INTO

Induction Program, Orientation Program, Summer Workshops, Examination Guidelines, Winter Schedule, Pedagogy In Action, Workshops by Tata Edge, Teach Next etc

**Such trainings covers various aspects of-**

- Pedagogy • Personality Development • Innovation • Organisational behaviour
- Classroom Management and so on...



# Excursions

## Fun Trip to Kidzania



Students Making the Best of the Day at Lohagarh Farms





# Jivakul

*An Innovative Approach to Learning*

Jivakul is a modern curricular approach that gives a platform to the children to revise the academic syllabus as per their own convenience. This is an exclusive programme with no involvement of teachers. Jivakul gives children the 'liberty' to choose the activities, select time slots and priorities. Besides it, in Jivakul club students choose specific activities to acquire various skills. Jivakul Club and Jivakul Day activities are the most sought after activities by the students. A glimpse of how a typical Jivakul Day be like...



Pot Decoration



Creative Learning



Paper Rangoli



Tie & Dye



Block Printing



Karate



# Elections

The school conducted annual elections to elect leaders for various MN teams. This year's idea of elections was based on a conventional aspect. The nominees campaigned and canvassed of their agendas by showcasing the various India In Action projects. They undertook to contribute to the community. It is believed that the students who have a sense of belongingness to the society and a zeal to contribute and bring change to the society can really excel at handling the school and shoulder the responsibilities as the representatives. Here is a glimpse of the election procedure at school...





# Photogallery...



Colourful Performance by Jivites at International Surajkund Mela



Guests at Surajkund Mela



Message by Jivites at Surajkund Mela



Jiva Performs at International Surajkund Mela



Message by Jivites at Surajkund Mela



Message by Jivites at Surajkund Mela



## Reaching Out to Community in Every Possible Way...



**Rahagiri Programme-Cycle Rally**

Being a part of India in Action Programme has been quite enriching for me. I, along with my friends have been to various public parks and have spread awareness about safety measures, wearing seat belts, helmets etc. I felt proud when an elderly man appreciated my initiative and also enquired the name of my school.

— Tushar Chauhan, IX A

Donating clothes this Diwali has made me more affectionate. I feel that I have added warmth to the life of needy. I think these small contributions bring about a great change.

— Yashika Chauhan, IX A

Taking part in India in Action campaign has made me proud of myself. Donating clothes, books and other useful articles has made me justify my role as a human being.

— Pracheta Gulia, IX A

I not only took the initiative of representing our campaign India in Action in an Inter School event 'Panchotsav' I also had been a part of various live projects. I, with my team went to Astha Van and planted many trees along the road side which was a great experience for me. I felt very proud that I also had really contributed in keeping the environment clean. Now, when I visit that place I observe that the trees have grown much bigger than the last time.

— Saksham, IX A



**India in Action Programme held at BPTP**



**Jiva Plantation Day**



॥ कर्म ॥



# ॥ कर्म ॥

*The moment one analyses his normal self and fixes it, he performs a positive Karma. This is what the philosophies of Jiva Public School - SOE and Swadhyay teach us*



Karma - is more about doing tasks rather than talking about it. Mythologically speaking, it represents the ethical dimension of the process of rebirth. Great personalities like Dr. APJ Abdul Kalam, Mahatma Gandhi etc. have fortified the concept of Karma and have stood motivating for generations ahead.

The moment one analyses his normal self and fixes it, he performs a positive Karma. This is what the philosophies of Jiva Public School - SOE and Swadhyay teach us. Our school is committed towards shaping every mind right at tender age. This ensures holistic development of a student. Well, this is what Karma is. Working for Self, Others and Environment.

Every student at Jiva is serving hard to master Swadhyay. The best tool to perform and execute positive Karma. This allows oneself to think and manifest upon the actions done and to judge upon its appropriateness. We are taught to continue to put in efforts for society and not expect anything back. The philosophy of action at the school fosters holistic development of each child, so that while pursuing his goals, he blossoms into an ideal citizen and continues to serve mankind selflessly.

Jiva's philosophy of action and deeds focus on the holistic development of a child to pursue his goals. This involves framing of goals every month and working on them sincerely. A critical review at the end of the month enables him to assess and evaluate himself to reach his targets. As it has been rightly stated that a student without goals is like a ship without a radar. Goals play a very important role in one's life. Jivites learn to focus on their goals and also share their achievements with all teachers and fellow mates. By performing the real Karma, they march towards success.

Indeed the school has made us believe in our abilities so that we can unlock our positive potential.

Karma is something we can control, so it is time we start training our minds in a positive sense.

— Himanshu Mittal, XI A

## MI - MN TEAMS

*Identifying and Nurturing the Uniqueness of Each Individual...*

Believing and acknowledging each individual's uniqueness; the school categorises students on the basis of their aptitudes, intelligence and nature. All students are made to undergo a self-awareness test that makes them realise their strong intelligence and their natural tendency that is in fact their strong nature. Thus, each child is made to engage in activities and entrusted with responsibilities that are in tune with their innate abilities and potential. This unique approach of MI-MN(Multiple Intelligence and Multiple Nature) brings out the maximum efficiency of all the students.

### Entrepreneurial Team





Escort Team



Naturalistic Team



Providing Team



Traffic Team





# Culminating Activities

These activities are conducted throughout the session which takes classroom teaching to a more effective level. It is an interdisciplinary approach that makes the children come up with a practical learning outcome of the topics covered in class. These integrated exercises give a much broader scope for learning. Quiz, Role-Plays, Enactment, Logical Games are the activities to name a few...





# Parents' Feedback

Over the last 10 years, our children have got special attention from Jiva teachers. The teachers have always poured their heart out in handling the kids. In fact, time and again we have felt that teachers have gone beyond their usual duties and acted more like parents.

We appreciate the efforts of school and teachers. We wish all students of Jiva come out with flying colors and be the shining stars.

Mr Vaneesh Mittal & Mrs Roopali Mittal  
Parents of Himanshu Mittal XI A  
Tanya Mittal VII A

Since class 1, my daughter Yeleena is studying in Jiva Public School. I remember that day when I attended the first PTM of the school. Teacher was satisfied with her studies but I was more tensed because of Yeleena's introvert and shy nature. Till class 3rd in every PTM I used to ask teachers to focus on her this part as well.

I must say that they all, with their hard work have now made Yeleena a completely different child for us. She is a winner in all aspects of life, be it studies or any extracurricular activities. I truly appreciate the hard work and the way they have made such a difference to my child.

I wish all the teachers, staff and the students of Jiva Public School fly high and shine in every phase of their life.

Mr. Jitender Gulati  
F/o Yeleena VII D

The winners were awarded with trophy, medals and certificates respectively. The highlight of the sports event was the Basketball (MVP) competition. The names of the winners in U/16 boys – Diwakar 8A and U/19 Boys: Tanmay Chandra 12A and Girls U/19 – Geetanjali Batra 12B.

The meet was an endeavor to develop team spirit and sportive skills among students so that they learn and excel in the sport of their passion. The students credited the philosophy of Jiva: Swadhyay and DKN to be very fruitful in pursuing their passionate game. The occasion also staged a short skit highlighting how Swadhyay helps to retrospect and rectify the mistakes committed by them. They appealed to follow DKN religiously.





# School Library

**A**s you can't learn to ride a bicycle by watching a mere YouTube video, similarly, you cannot expect your child to understand and learn concepts by just listening to lectures in classrooms. Your child needs to be exposed to something more than classroom learning that can not only make understanding concepts easier but fun-filled, too! Our school's library is a place where all students feel welcomed and encouraged to grow and learn. Our school library provides much more than just books, computers and other technology.

It is a world of hope, passion, and creativity. A world where students learn how to give shape to their dreams. The ambience of our library is visually appealing with the walls full of motivational quotes by eminent authors, Super Reader charts, reading activities such as Spin-the-wheel, Bingo, recommendations by teachers, best books on varied genres and so on.

Such activities motivate children to donate their favourite books on their birthday. Library activities on Jivakul Day nurture the visualization, imagination and creativity of the students as they come up with graphic strips on books they have read, instead of merely reading in a conventional way. Regular Library classes are also something to look forward to as there is much more than just conventional reading. A wide range of group activities such as Fill-the-Jar, Vocabulary Game, Story to Poem etc make the students eagerly wait for their library period. School library incharges also organize author's meet by inviting eminent authors to have an interactive session with students.

A glimpse of how Library at Jiva is different from other school Libraries....



PTM - Library Activity



Library Activity



Students Honing their Creativity at Library

॥ लोकेइव ॥

# ॥ लोकेइव ॥

*Moksha is the result of our 'karma' and our thoughts. For attaining Moksha, one needs to have purity of thoughts and kindness.*

Moksha is the final resting place that is attained by living a good life. It is basically the ending of the cycle of birth and rebirth while the soul lives on. We are in a society that puts too much emphasis on the present day and material possessions that we somewhere forget the ultimate goal of life i.e. Moksha. It is the liberation, freedom, peace and tranquility that one achieves by attaining Moksha.

Moksha is the result of our 'karma' and our thoughts. For attaining Moksha, one needs to have purity of thoughts and kindness. We should work selflessly for others and our deeds should have the kindest intentions. In order to attain Moksha, we also need to take charge of our thoughts. Even by thinking wrong of others, we are incurring a sin and it lowers our pedestal on the spiritual plane.

It is said that 'If one were to worship the soul (self) even for a moment, he will attain moksha without fail.' Such is the elegance of the body in this complex world. The concept of Swadhyay, which is religiously followed in our school makes us introspect and alter our thoughts and consequently our actions which will ultimately lead us to the attainment of Moksha. While introspecting, we thereby start the process of attaining Moksha.

I feel fortunate to be a part of Jiva where we are given an ambience full of positivity, spirituality which in turn boosts our academic and extra-curricular potentials. We are being brought up in a way that we are not only externally successful but also eternally content. This is the path of attaining the ultimate salvation -Moksha!

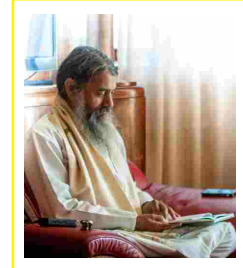
— Riya Vashishtha, X B





# Message to the youth

First of all, I congratulate everyone on the 25th anniversary of Jiva Public School. When we started the school, we knew it was an important step that would bring a big change in the society, and it fills me with happiness to know that Jiva Public School has completed 25 years of developing future generations. Education is the foundation of a better tomorrow and I thank our teachers and the staff for their priceless efforts. In the days to come, I am confident Jiva Public School will cross many big milestones. On this special occasion, I have a beautiful message for the youth. It's a story of wisdom, wealth, happiness and success.



Dr. Satyanarayan Das



Once upon a time there was a king named Shudarshana. His capital was Patliputra, the modern day Patna in Bihar. He was a very powerful, pious, kind and learned king. He had four young sons. One day he was sitting in his palace near a window, thinking about the future of his sons. Just then a man was passing by on the road nearby his window. He heard the man recite the following verse.

**Yauvnam dhana-sampattih prabhutvam avivekita  
Ekaikam api anarthaya kimu yatra ctuashtayam**

**Meaning:** "Youth, wealth, power and lack of wisdom can individually be the cause of misfortune and suffering. They can especially be disastrous if all of them occur together." Hearing the verse, the king became concerned about his sons. He thought, "My sons are young, have access to wealth and power, and lack wisdom because they are uneducated." knowing this he arranged for the proper education and training of his sons.

## Power without wisdom is a curse

What was true about the four princes may also be true for most of the present day youth. There is nothing wrong in being young, having power and being wealthy. These things are very useful. A youth has energy with which he or she can achieve many wonderful things in life. The same is true for power and wealth. But if one lacks wisdom then these three things can prove to be a curse. Indeed, this is seen that many



a youth are wasting their energy, wealth, health, and time in frivolous activities.

Youth does not come again and again. Unfortunately, when one is young, one lacks experience and wisdom. And by the time one becomes experienced and gets wise one loses one's youth. The combination of wisdom and youth is rare. In the history of the world, such people could achieve something meaningful and memorable in life.

## Wisdom comes with proper guidance

This, however, does not mean that a young person cannot gain wisdom. If there is proper guidance then anyone can be wise. We can learn from other's experience. There are three types of people in this world. The first class of people are those who can learn from other's experience. This saves lot of time money and trouble. The second class of people don't learn from other's experience. But they learn from their own experience. For this they have to pay heavily. By the time they have really become learned and wise they may be too old to achieve anything worthwhile in life. The third class of people are those who never learn. They are like animals or even worse. Animal do not have the facility to learn so they cannot be blamed.

## Learn from own mistakes and experiences

Therefore, we should be at least intelligent enough to learn from our own experience. It is even better from others. One of the ways to learn is by reading the biographies of great



people. The other is to study scriptures like Bhagavad Gita, Mahabharat etc. There are also books of niti (wisdom) such as Hitopadesha, Panchtantra, Vidura Niti, Cankya Niti etc. It is advisable to read every day even if for ten -fifteen minutes. This can help a lot, especially a young person, to face the challenges of life. One will learn how to lead a stress-free life. Unfortunately, the youth of today does not have the habit of reading literature. In the west I have seen even old people reading while traveling in a plane or a train. So, my simple advice to youth is to make a habit of reading every day or listening to a lecture on above-mentioned literature.

#### Invest time for wisdom

The youth also squander much time in watching worthless shows or sports on TV or they spend a lot of time on their iPhone. WhatsApp, Instagram, Facebook, Twitter, Video games, surfing on the net are the latest addictions. They consume a lot of time. The youth should be prudent in investing their time in these things. Even if you use these facilities utilize them to learn something new. You can watch nice educative shows on YouTube. A plenty is available on YouTube. The other advice is to maintain good health. Make a habit of doing some exercise every day. Eat healthy food and have good sleep. Otherwise, disease will catch as soon as youth turns into middle age.



#### Education for peaceful, healthy and happy life

Jiva Public School was founded to inculcate these values in the students. Our Indian culture is very scientific and beneficial for human life. The purpose of the school is to give some of these values to the students besides teaching them their core subjects. The students should know that the purpose of education is not just getting a job or making money. Its purpose is to make you a good human being so that you can live peaceful, healthy and happy life. Whatever you may become in life, you have to live in the society, and as part of a family. So besides academic education you should also learn the skills to deal with society and family members.

